

Regenerating Local Ecosystems through Self-Reliance

Permaculture Introduction Course

15 – 20 June 2021



Course Description

In a holistic and interactive way we will learn about the Permaculture design and its ethics, principles. In a small group and with lots of hands-on experience we discover some of the basics of vegetable gardening, water management and forest gardening. Apart from that, the course focuses on the potential of regenerating local ecosystems in times of climate instability. At the end of the course, you will look at landscapes with different eyes, know how to start a no-dig garden bed, and enjoy making great compost. *Course language will be English, with the possibility to switch to German.*

Location

The course will take place in a beautiful Permaculture community garden close to the Bodensee in Southern Germany. We will spend time outside, and in colder moments we will stay in a cosy, heated yurt. We will sleep in our own tents, use compost toilets and solar-heated outdoor showers.



Costs

We ask for a sliding scale contribution between **250 and 500€**

This covers the course fee, three organic plant-based meals a day and accommodation. Paying towards the higher end of the sliding scale allows us to welcome people to join this course with limited financial means. We don't want money to be an obstacle, please contact us in case you cannot find yourself on this scale.

Arrival and Departure

This 5-day course will take place from the 15 – 20th of June. The arrival and leaving day sandwich four full days of theoretical & practical sessions, that will teach you the basic foundations of permaculture. Arrival on Tuesday will be from 4.30pm onwards. We will start with a communal dinner at 6.30pm followed by a welcoming round. Departure on Sunday will be after lunch between 2-3pm.

The Team

Permaculture input is facilitated by Roos Derks

Roos covers most of her needs with permaculture based gardening since 4 years. She teaches the Permaculture module at the Ecovillage Design Education in Glarisegg (CH) since 2019, and is currently studying to become a Permaculture designer at the German Permaculture Academy. Apart from that, Roos organizes events in the realm of Social Permaculture. She is especially enthusiastic about no-dig gardening and the power of good compost. Her guitar playing and sing along songs will accompany us during the breaks and around the campfire in the evenings.



Cooking and Organizational support by Annabelle

Vegan, seasonal, local and healthy. Annabelle has been organizing and cooking for bigger and smaller groups, from big food-waste events to holistic courses, for over 5 years now. Apart from that she organizes non-formal education courses and teaches (Acro)Yoga.

Corona

We sincerely hope the course can take place and will look for responsible yet creative ways to make it happen. We are a small group and will be mostly outside. We will check the actual Corona measurements before the course dates and make sure we can implement them.

Questions on e-mail to Roos: rkderks@gmail.com

Sign-up latest 1st of June on <https://www.surveymonkey.de/r/ZYFL6PG>

